

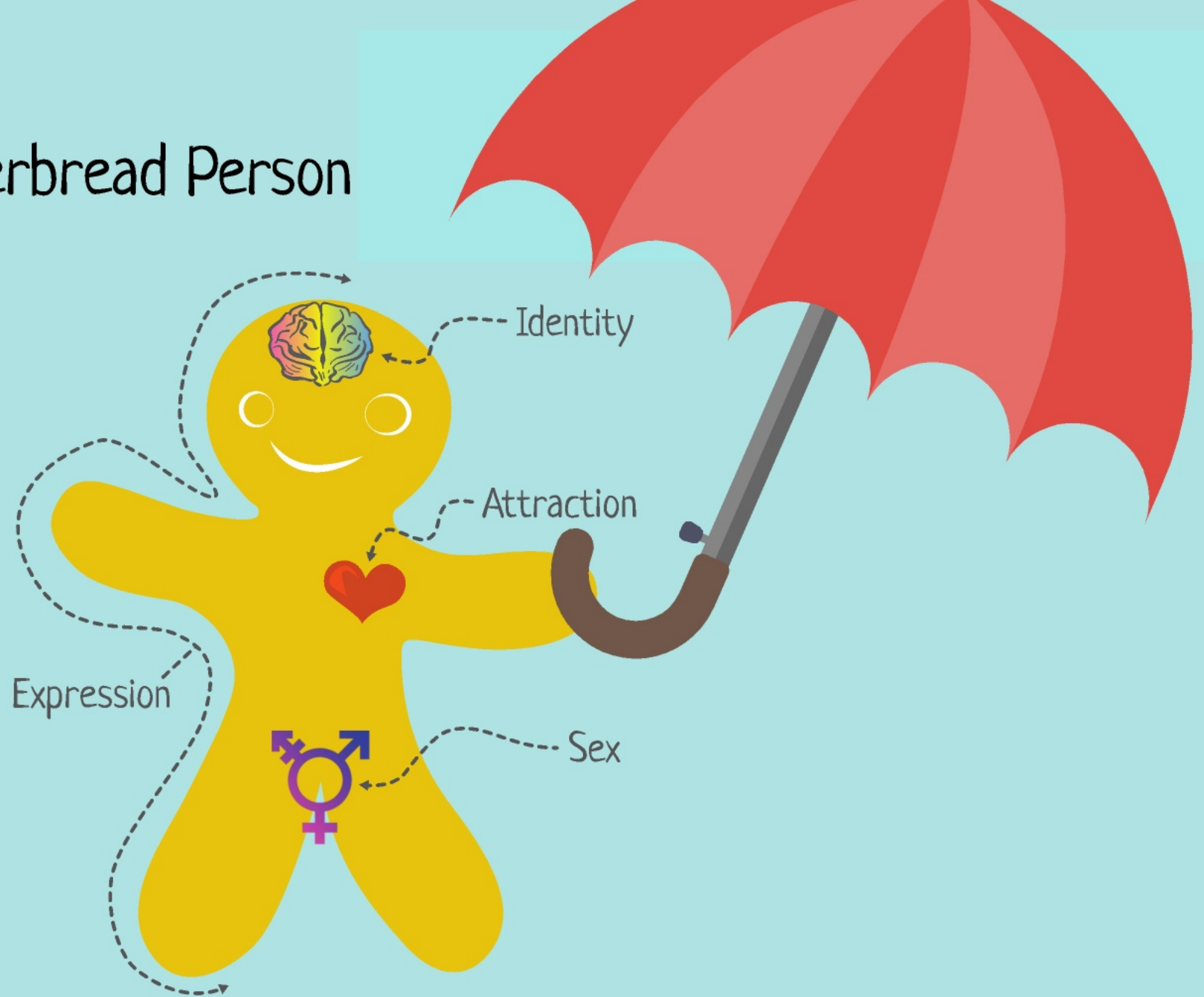


The Terminology of Gender and Sexuality

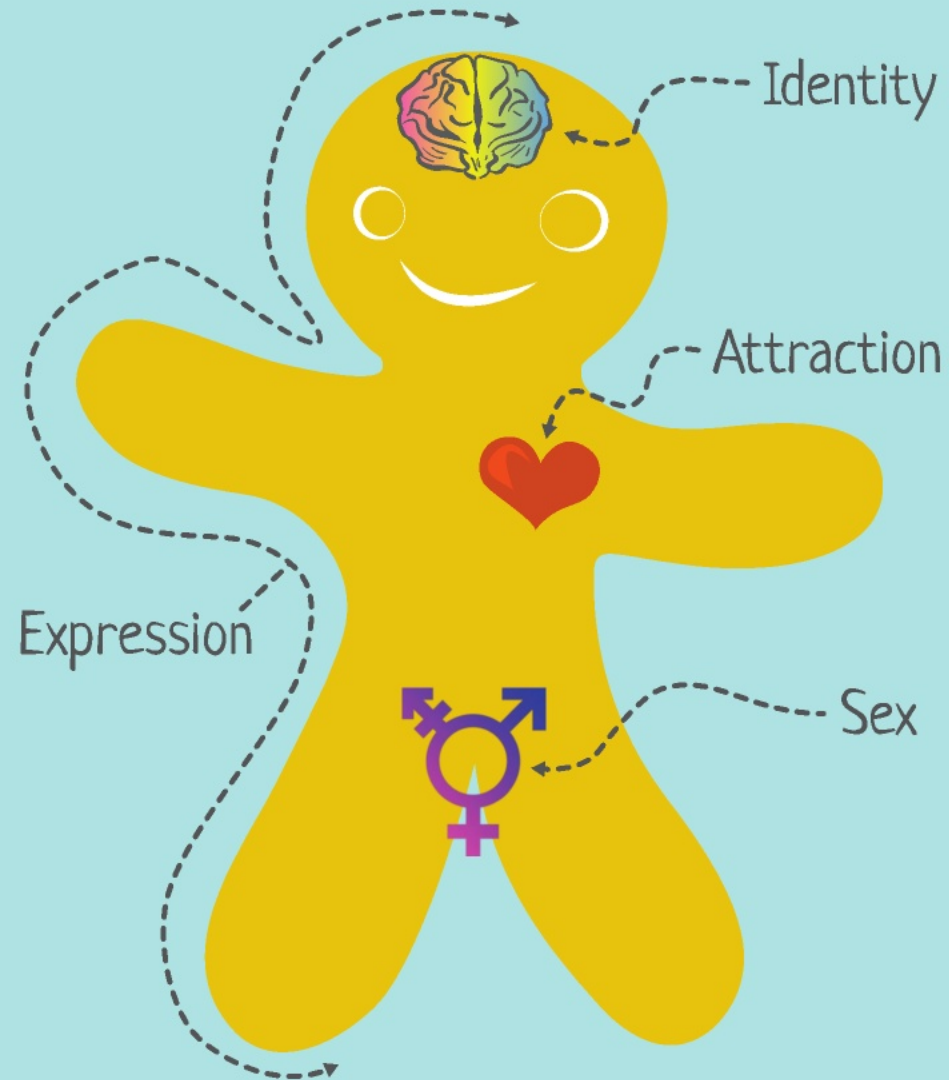
Terminology



The Genderbread Person



The Genderbread Person



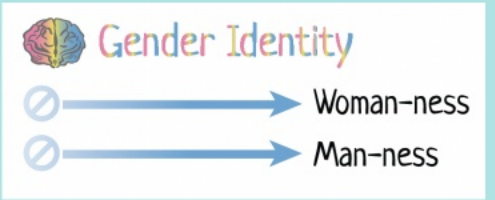
Gender Identity



Woman-ness



Man-ness



Transgender

An umbrella term for a wide range of experiences and identities for people whose affirmed gender does not align with the gender they were assigned at birth

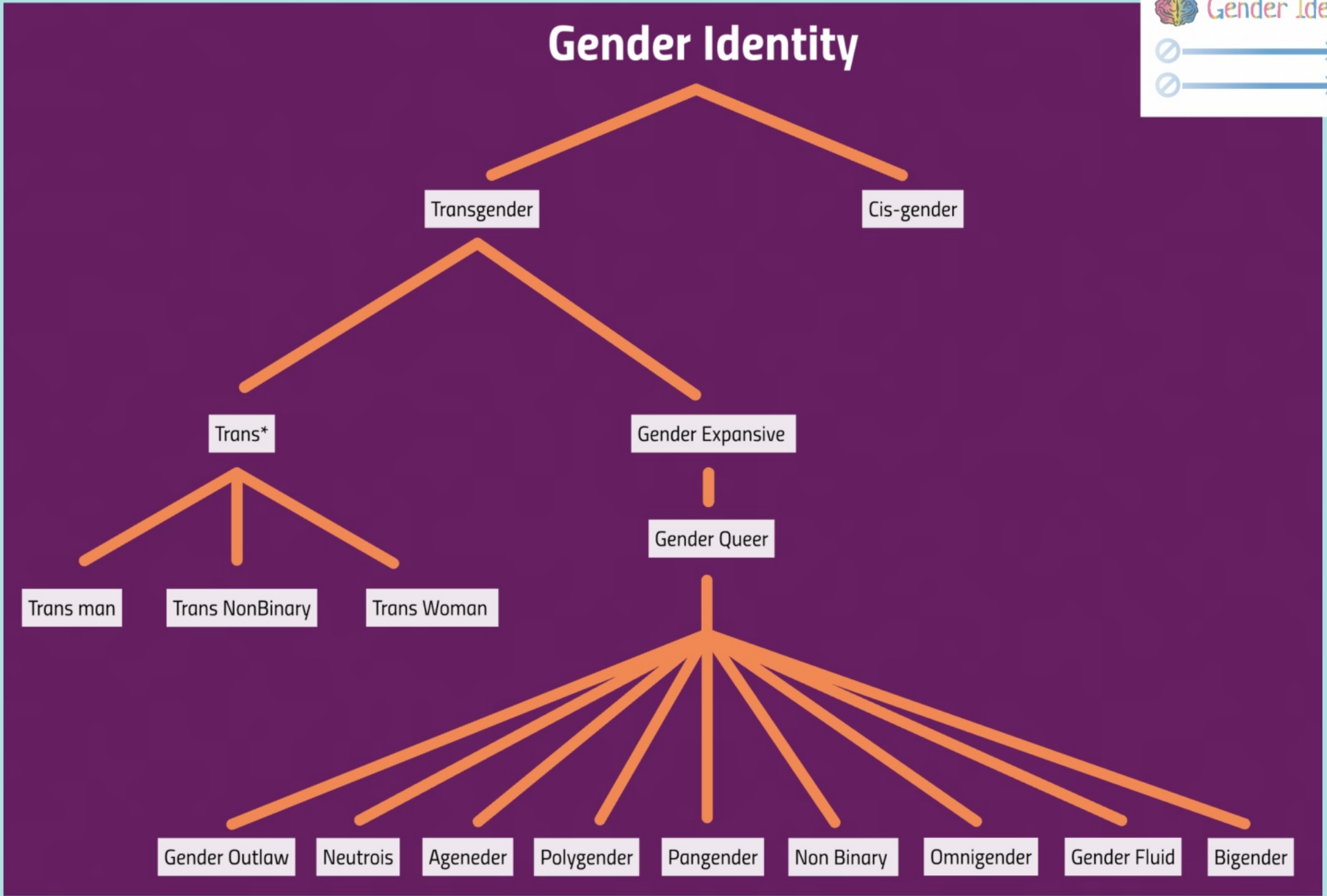
Nonbinary

A continuum of gender identities and expressions that reject and transcend binary definitions of gender

Cisgender

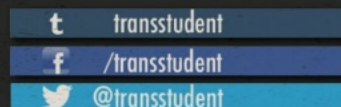
A gender identity that society considers to "match" one's sex assigned at birth or someone who is not trans.





Gender Grammar

Problem	Correction	Reason
"transgendered" (adjective)	transgender	Only adjectives that are derived from nouns and/or verbs (unlike transgender) end in "ed."
"intersexed"	intersex	Only adjectives that are derived from nouns and/or verbs (unlike intersex) end in "ed."
"transgendered" (verb)	transition	Only verbs can have "ed" added onto the end of the word to become a participle. Transgender is an adjective, not a verb. One does not "transgender," they transition.
"a transgender," "transgenders"	a transgender person, transgender people	Transgender is not a noun. "Jake is a transgender" is not only grammatically incorrect, but can be offensive.
"sex change," "sex reassignment surgery," "gender reassignment surgery"	gender affirming surgery, genital reconstruction surgery, genital reassignment surgery	Surgery does not change one's sex or gender, only genitalia.

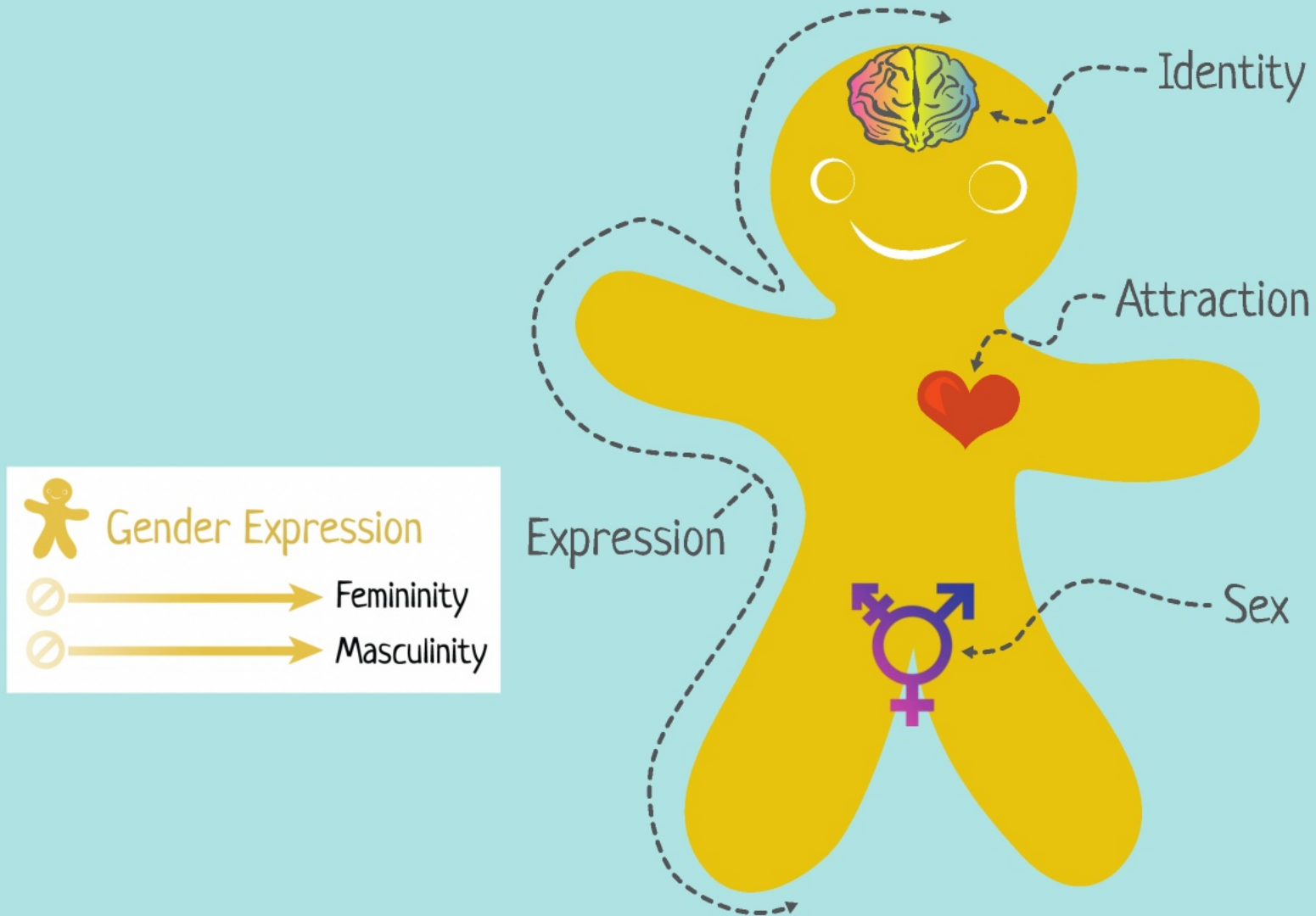


Design by Landyn Pan

For more information,
go to transstudent.org/graphics



The Genderbread Person



Gender Expression

How people express, wear, enact, and perform gender through their behaviours, mannerisms, clothing, speech, physical movements and presentations.



Gender
nonconforming

Androgynous

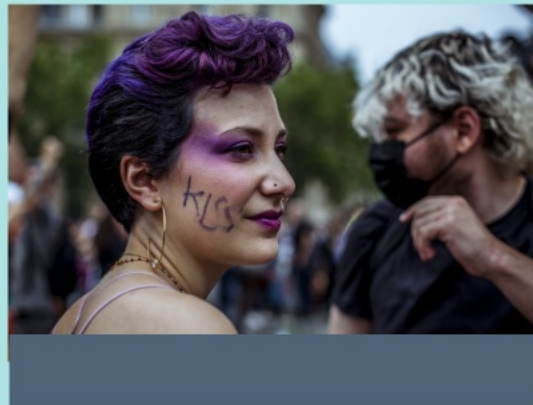
Genderqueer

Masculine

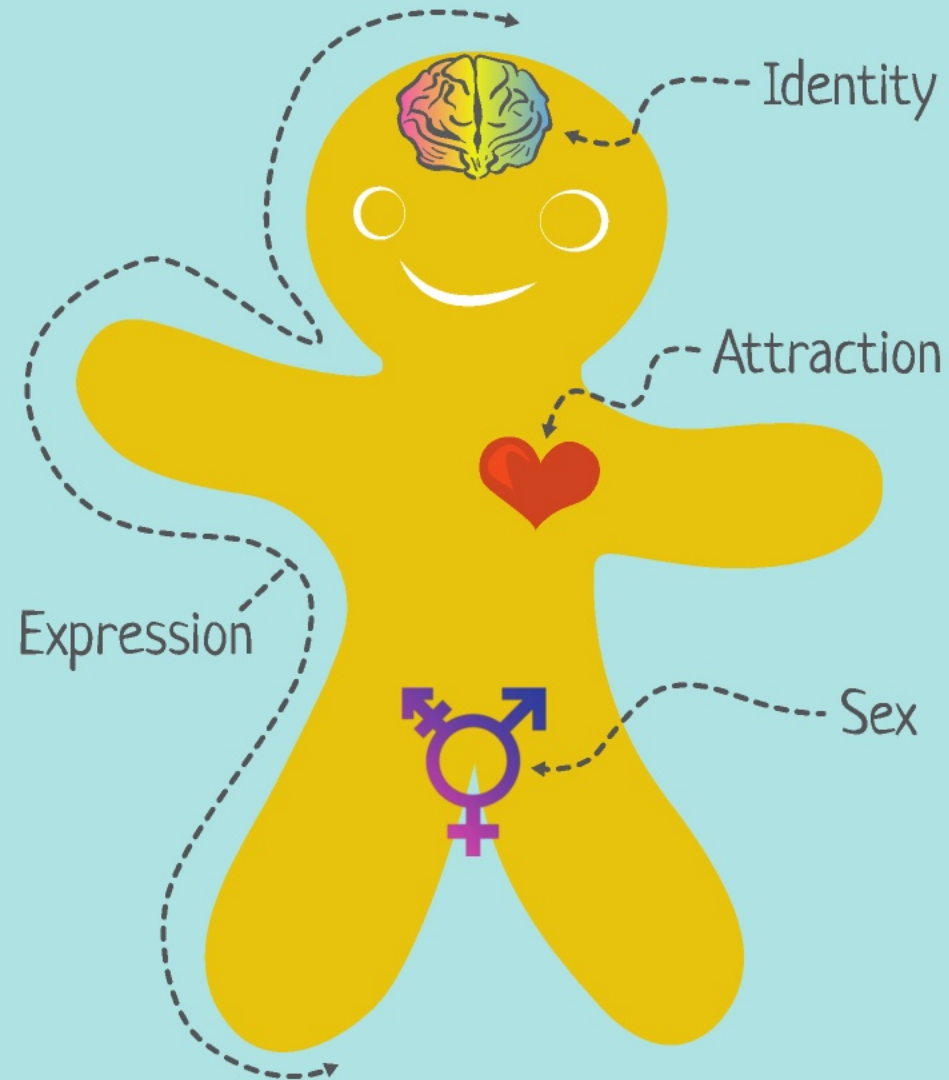
Agender

Feminine

Gender Expression



The Genderbread Person



❤️ Sexually Attracted to... and/or (a/o)

👉 Women a/o Feminine a/o Female People

👉 Men a/o Masculine a/o Male People

❤️ Romantically Attracted to...

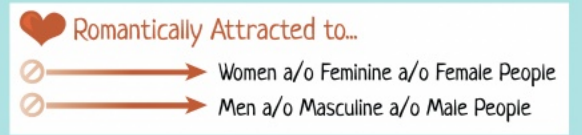
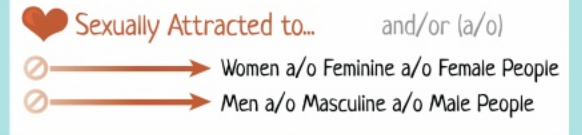
👉 Women a/o Feminine a/o Female People

👉 Men a/o Masculine a/o Male People



Sexuality

Sexuality is about desire, feelings, relationships, and the way you behave toward others. It is also about who you want to spend your life with.



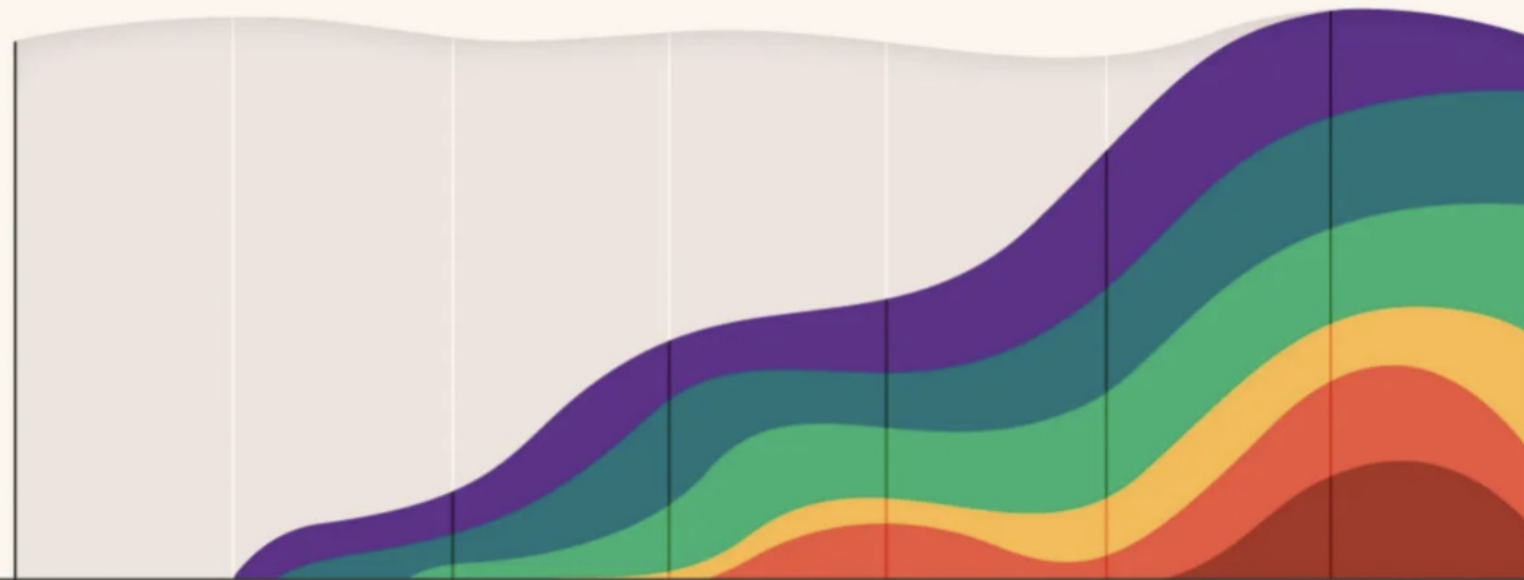
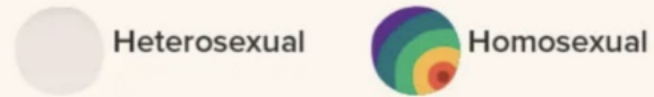
Sexuality can refer to physical, emotional, or romantic feelings and are unique to each person.

Romantic Orientation

Refers to a person's experience of romantic attraction to other people, or to no one. It is connected to sexuality, but can be distinct.

All people have a sexuality or a sexual orientation.

THE KINSEY SCALE



X	0	1	2	3	4	5	6
No sociosexual contacts or reactions	Exclusively heterosexual	Mostly heterosexual, only slightly homosexual	Mostly heterosexual, but more than slightly homosexual	Equally heterosexual and homosexual	Mostly homosexual, but more than slightly heterosexual	Mostly homosexual, only slightly heterosexual	Exclusively homosexual

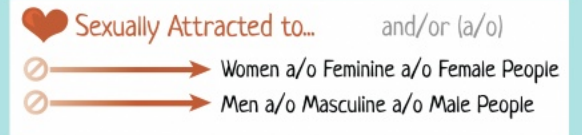
Sexually Attracted to... and/or (a/o)
 Women a/o Feminine a/o Female People
 Men a/o Masculine a/o Male People

Romantically Attracted to...
 Women a/o Feminine a/o Female People
 Men a/o Masculine a/o Male People

Alfred Kinsey
1948

Lesbian, Gay, Heterosexual

Lesbian: Women who are primarily attracted to women, can also be nonbinary; Gay: someone who is primarily attracted to those of the same gender - often used for men; Heterosexual: Someone who is primarily attracted to people of the "opposite" gender.



Bisexual/Biromantic, Pansexual

Bi: Someone who is attracted to, and may form relationships with at least two genders; Pansexual/panromanticism refers to attraction to (sexual and/or romantic) any or all genders.

Asexual and Aromantic

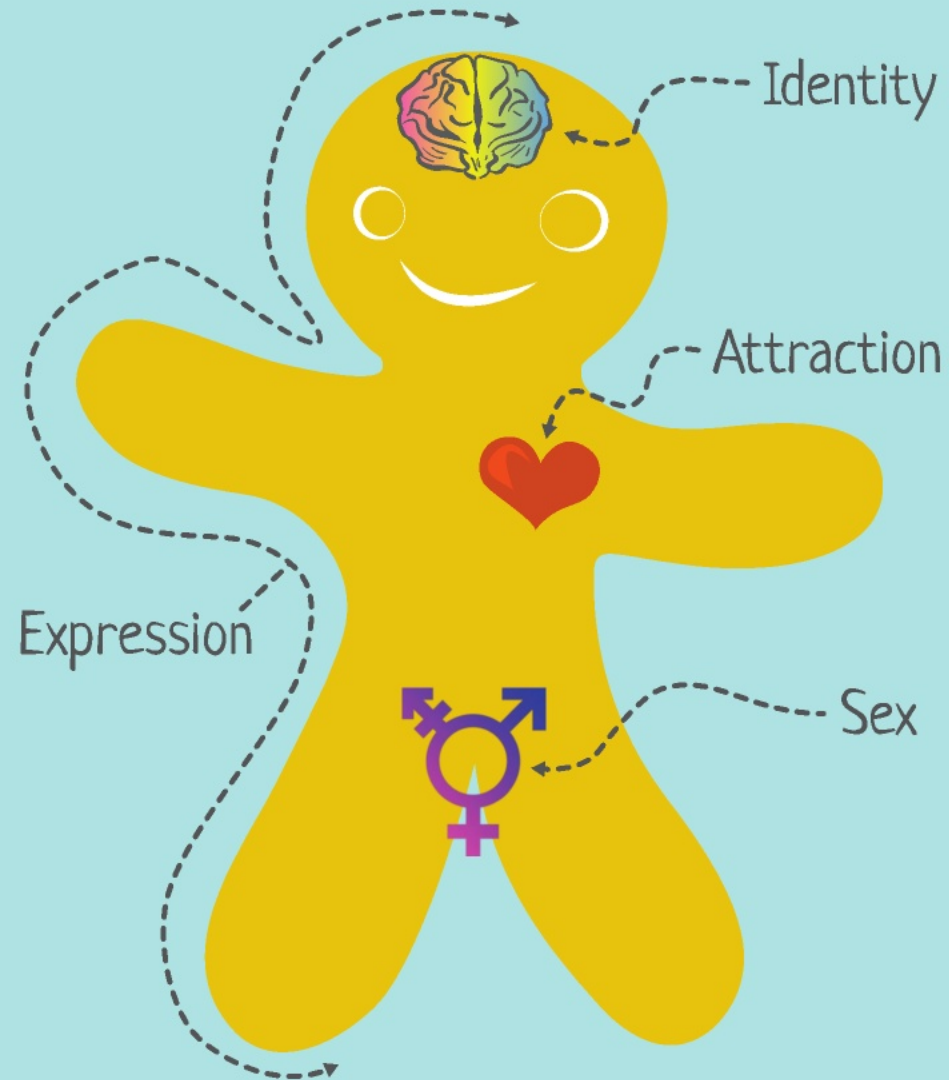
Someone who does not experience sexual and/or romantic attraction to others. Asexuality can be considered a spectrum - desire varies over time and fluctuates.

Queer

An umbrella term becoming more widely used because it refers to non-heterosexual and/or non-cisgender people. Some trans people do not feel it includes gender.



The Genderbread Person



♂♀ Anatomical Sex

⚔ → Female-ness

⚔ → Male-ness

Sex Assigned At Birth

□ Female □ Intersex □ Male

Intersex

Sex Assigned At Birth
☐ Female ☒ Intersex ☐ Male

General term used for a variety of features in which a person is born with or develops reproductive or sexual anatomy, genetic makeup, or hormonal levels that do not seem to fit the current, “typical” definitions of male or female.

In many parts of the western world, individuals who were born intersex had oppressive, non-consensual, and/or unnecessary medical and surgical interventions including gender reassignment surgery and aggressive hormonal therapy during childhood.

An intersex person may or may not also be part of the trans community, however the terms ‘intersex’ and ‘trans’ are distinct and should not be used interchangeably.





Trans Sask's Community Report

[https://www.transsask.ca/
research/community-report/](https://www.transsask.ca/research/community-report/)

Intersex Community

Key Finding #3

Intersex people may represent a higher percentage of people than is often reported.

Of our respondents, 14.7% (n=15/102) had sex characteristics that did not fit typical definitions of male or female, and 2.9% (n=3/102) had been diagnosed with a medically-recognized intersex condition. Although we cannot draw conclusions about the general population with our limited dataset, this number is much closer to what intersex activists and intersex communities have been telling us for years.

Two Spirit and Indigiqueer

Two Spirit is an umbrella term used by many Indigenous people to describe people with diverse gender identities and gender expressions, gender roles, and sexualities. It is specific to Indigenous people. The term was gifted by Dr. Myra Laramée.

Indigiqueer is a term used to refer to the Indigenous queer community. The term was coined by TJ Cuthand in order to create specific language for Indigenous queer people who do not hold Two Spirit identities.





Coming In

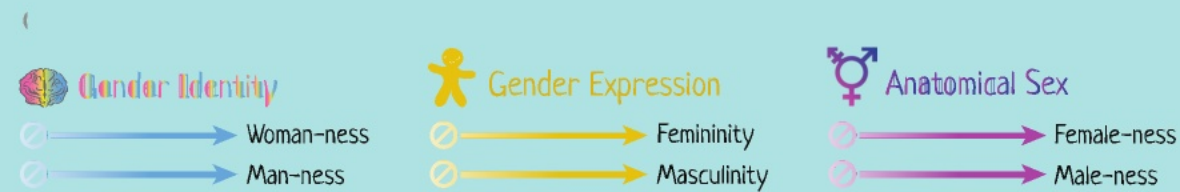
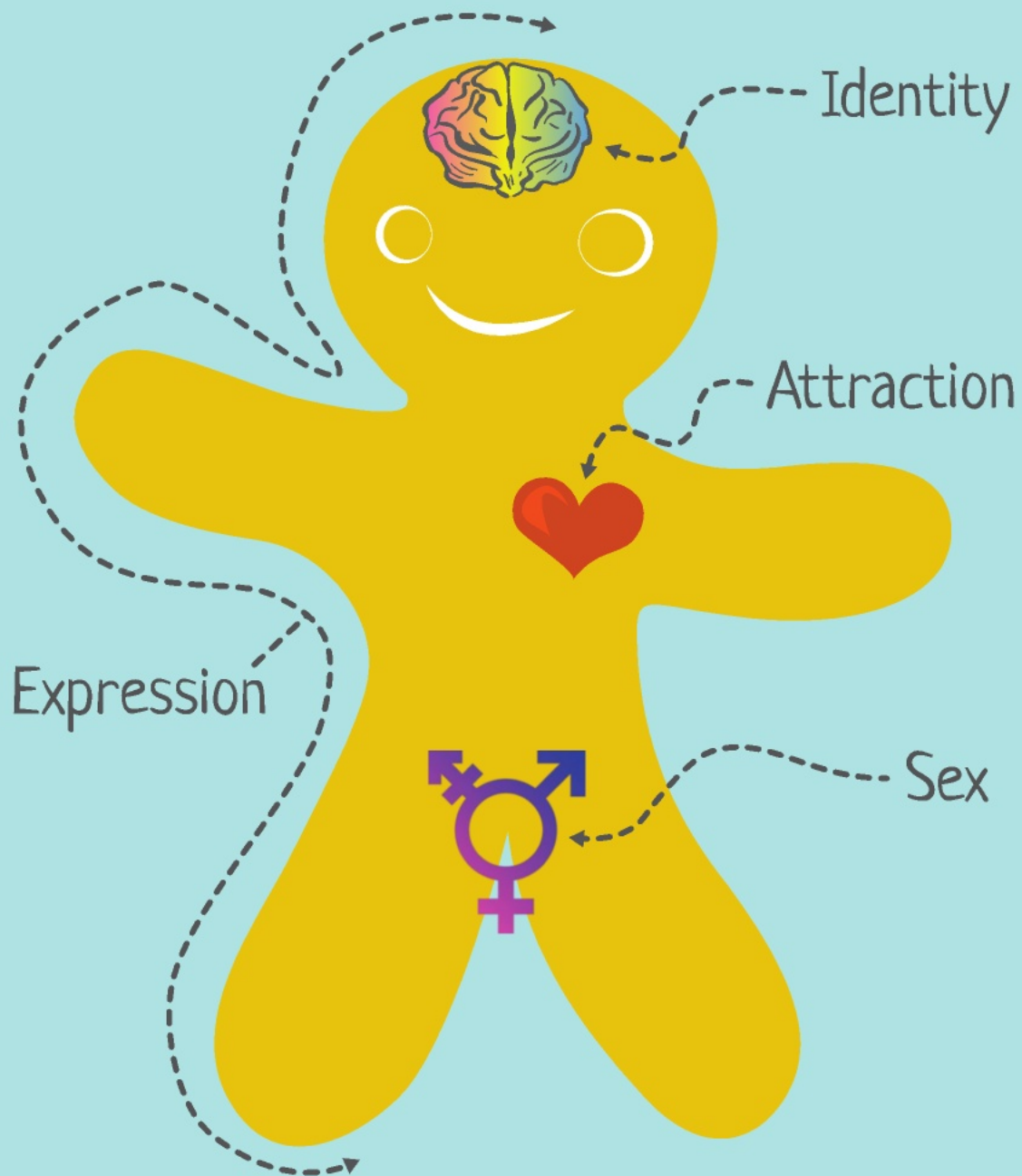
Alex Wilson

Unlike when someone comes out, which is about their individual identity, "coming in" is about connection to community and being part of something bigger than yourself.



"Coming in really was not a declaration or an announcement [like coming out] ... but rather an affirmation of this interdependent identity," Wilson explained.

<https://www.cbc.ca/radio/unreserved/how-two-spirit-people-are-coming-in-to-their-communities-1.6272654>



Identity \neq Expression \neq Sex
 Gender \neq Sexual Orientation

Sex Assigned At Birth
 Female Intersex Male



Two Spirit and Indigiqueer

Self-determined terms for Indigenous people with diverse gender identities and gender expressions, gender roles, and sexualities.



uestions?



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